



SocialDiabetes

SOCIALDIABETES IN A HOSPITAL SETTING

Clinical impact and Efficiency in management

Digital health and mobile technology has transformed many aspects of the clinical practice and is expected to continue broadening a focus on the patient to face chronic diseases.

In the case of diabetes mellitus (DM), data suggest that interventions based on mobile and the availability of digital and real-time data per part of professionals, can improve the disease management and encourage positive behavior changes.

The **SocialDiabetes** digital platform allows doctors and patients collect data and exchange information, to improve the quality of care and make it more flexible, personalized and efficient.

SocialDiabetes is used in various hospitals in the country, including the Hospital del Mar de Barcelona and the Hospital University of Navarra. We have taken these cases to analyze the impact clinical practice in patients as well as improvements in hospital management.



SocialDiabetes, the solution digital for management of diabetes



- Decision support
- Efficiency in clinical management
- Traceability of patients
- Interoperability

Digital health for management optimization

SocialDiabetes is a system based on digital data management to help professionals and patients to make decisions and anticipate complications.

The system allows patients to register detailed key data for self-care diabetes as glucose controls, diet and physical activity; Management medication, automatic bolus calculation insulin, graphs, trends, reminders

It allows healthcare personnel to have real-time patient data, do modifications to medical treatment, giving indications about diet and exercise; as well as being able to carry out remote consultations by video call and keep constant communication with the patient through an integrated chat.

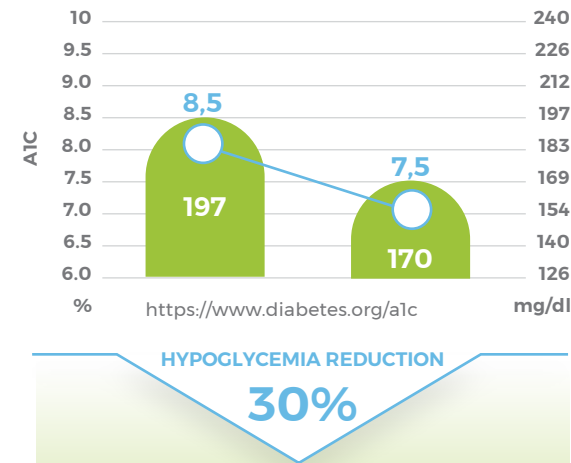
- Single board (universal)
- Automatic treatment updates
- Reports
- Interoperability
- Artificial intelligence
- Alerts
- Video call
- Chat

Results

We show below impact based on real data from a universe of **763 patients (405 T1, 358 T2)** and **23 health professionals** who are using SocialDiabetes in their practice clinic, for a period of more than one year.

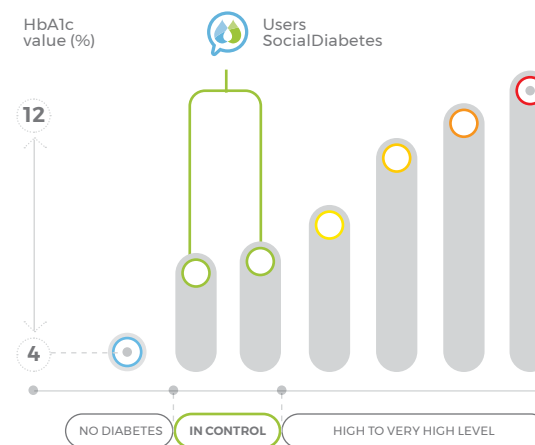
Clinical impact on patients collective hospitals

Patients experience improvements in their glucose in blood and reduce 1 point eA1c (glycosylated hemoglobin)



Overall clinical impact SocialDiabetes patients

Estimated Mean Glycated Hemoglobin of Users with regular use of SocialDiabetes is 6.7% for type 1 and 6.5% for type 2.



HCP survey results



Patient survey results



Ask for personalized information
at hospitals@socialdiabetes.com
Tel. +34 669 02 05 34

More information in
<https://www.socialdiabetes.com/es/platform>

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